eat safe

Eatsafe Crib Sheet

Kent Safeguarding Children
multi-agency partnership

Child	Dietary needs	Texture	Meal / snack	How & who texture	Notes
e.g. Alex Smith	Nut Allergy	Mashed – Stage 5	Shepherd's Pie	Kitchen to mash	
e.g. Charlie Thomas	Vegetarian	Puree – Stage 4	Veggie Casserole	Dining supervisor to blend	Has had throat infection making swallowing harder

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